

# Geometric Ergodicity and the Spectral Gap of Non-Reversible Markov Chains

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## Abstract

We argue that the spectral theory of non-reversible Markov chains may often be more effectively cast within the framework of the naturally associated weighted- $L_\infty$  space  $L_\infty^V$ , instead of the usual Hilbert space  $L_2 = L_2(\pi)$ , where  $\pi$  is the invariant measure of the chain. This observation is, in part, based on the following results. A discrete-time Markov chain with values in a general state space is geometrically ergodic if and only if its transition kernel admits a spectral gap in  $L_\infty^V$ . If the chain is reversible, the same equivalence holds with  $L_2$  in place of  $L_\infty^V$ , but in the absence of reversibility it fails: There are (necessarily non-reversible, geometrically ergodic) chains that admit a spectral gap in  $L_\infty^V$  but not in  $L_2$ . Moreover, if a chain admits a spectral gap in  $L_2$ , then for any  $h \in L_2$  there exists a Lyapunov function  $V_h \in L_1$  such that  $V_h$  dominates  $h$  and the chain admits a spectral gap in  $L_\infty^{V_h}$ . The relationship between the size of the spectral gap in  $L_\infty^V$  or  $L_2$ , and the rate at which the chain converges to equilibrium is also briefly discussed.

**Keywords:** Markov chain, geometric ergodicity, spectral theory, stochastic Lyapunov function, reversibility, spectral gap.

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## 1 Introduction and Main Results

There is increasing interest in spectral theory and rates of convergence for Markov chains. Research is motivated by elegant mathematics as well as a range of applications. In particular, one of the most effective general methodologies used to establish bounds on the convergence rate of a geometrically ergodic chain is via an analysis of the spectrum of the chain's transition kernel. See, e.g., [16, 22, 21, 8, 5, 12, 11, 13, 23, 19, 3, 2, 17, 14, 7, 6], and the relevant references therein.

The word *spectrum* naturally invites techniques grounded in a Hilbert space framework. The majority of quantitative results on rates of convergence are obtained using such methods, within the Hilbert space  $L_2 = L_2(\pi)$ , where  $\pi$  denotes the stationary distribution of the Markov chain in question. Indeed, most successful studies have been carried out for Markov chains that are reversible, in which case a key to analysis is the fact that the transition kernel, viewed as a linear operator on  $L_2$ , is self-adjoint. In this paper we argue that, in the *absence* of reversibility, the Hilbert space framework may not be the appropriate setting for spectral analysis.

To be specific, let  $\mathbf{X} = \{X(n) : n \geq 0\}$  denote a discrete-time Markov chain with values on a general state space  $\mathsf{X}$ . We assume that  $\mathsf{X}$  is equipped with a countably generated sigma-algebra  $\mathcal{B}$ . The distribution of  $\mathbf{X}$  is described by its initial state  $X(0) = x_0 \in \mathsf{X}$  and the transition semigroup  $\{P^n : n \geq 0\}$ , where, for each  $n$ ,

$$P^n(x, A) := \Pr\{X(n) \in A \mid X(0) = x\}, \quad x \in \mathsf{X}, A \in \mathcal{B}.$$

For simplicity we write  $P$  for the one-step kernel  $P^1$ . Recall that each  $P^n$ , like any (not necessarily probabilistic) kernel  $Q(x, dy)$  acts on functions  $F : \mathsf{X} \rightarrow \mathbb{C}$  and signed measures  $\nu$  on  $(\mathsf{X}, \mathcal{B})$ , via,

$$QF(\cdot) = \int_{\mathsf{X}} Q(\cdot, dy)F(y) \quad \text{and} \quad \nu Q(\cdot) = \int_{\mathsf{X}} \nu(dx)Q(x, \cdot),$$

whenever the integrals exist. Throughout the paper, we assume that the chain  $\mathbf{X} = \{X(n)\}$  is  *$\psi$ -irreducible and aperiodic*; cf. [15, 18]. This means that there is a  $\sigma$ -finite measure  $\psi$  on  $(\mathsf{X}, \mathcal{B})$  such that, for any  $A \in \mathcal{B}$  with  $\psi(A) > 0$ , and any  $x \in \mathsf{X}$ ,

$$P^n(x, A) > 0, \quad \text{for all } n \text{ sufficiently large.}$$

Moreover, we assume that  $\psi$  is *maximal* in the sense that any other such  $\psi'$  is absolutely continuous with respect to  $\psi$ .

### 1.1 Geometric ergodicity

The natural class of chains to consider in the present context is that of *geometrically ergodic* chains, namely, chains with the property that there exists an invariant measure  $\pi$  on  $(\mathsf{X}, \mathcal{B})$  and functions  $\rho : \mathsf{X} \rightarrow (0, 1)$  and  $C : \mathsf{X} \rightarrow [1, \infty)$ , such that,

$$\|P^n(x, \cdot) - \pi\|_{\text{TV}} \leq C(x)\rho(x)^n, \quad \text{for all } n \geq 0, \pi\text{-a.e. } x \in \mathsf{X},$$

where  $\|\mu\|_{\text{TV}} := \sup_{A \in \mathcal{B}} |\mu(A)|$  denotes the total variation norm on signed measures. Under  $\psi$ -irreducibility and aperiodicity this is equivalent [15, 19] to the seemingly stronger requirement

that there is a single constant  $\rho \in (0, 1)$ , a constant  $B < \infty$  and a  $\pi$ -a.e. finite function  $V : \mathbf{X} \rightarrow [1, \infty]$ , such that,

$$\|P^n(x, \cdot) - \pi\|_V \leq BV(x)\rho^n, \quad \text{for all } n \geq 0, \pi\text{-a.e. } x \in \mathbf{X}, \quad (1)$$

where  $\|\mu\|_V := \sup\{|\int F d\mu| : F \in L_\infty^V\}$  denotes the  $V$ -norm on signed measures, and where  $L_\infty^V$  denotes the weighted- $L_\infty$  space consisting of all measurable functions  $F : \mathbf{X} \rightarrow \mathbb{C}$  with,

$$\|F\|_V := \sup_{x \in \mathbf{X}} \frac{|F(x)|}{V(x)} < \infty. \quad (2)$$

Another equivalent and operationally simpler definition of geometric ergodicity for a  $\psi$ -irreducible, aperiodic chain  $\mathbf{X} = \{X(n)\}$ , is that it satisfies the following drift criterion [15]:

$$\left. \begin{array}{l} \text{There is a function } V : \mathbf{X} \rightarrow [1, \infty], \text{ a small set } C \subset \mathbf{X}, \\ \text{and constants } \delta > 0, b < \infty, \text{ such that:} \\ PV \leq (1 - \delta)V + b\mathbb{1}_C. \end{array} \right\} \quad (\mathbf{V4})$$

We then say that the chain is *geometrically ergodic with Lyapunov function*  $V$ . In (V4) it is always assumed that the Lyapunov function  $V$  is finite for at least one  $x$  (and then it is necessarily finite  $\psi$ -a.e.). Also, recall that a set  $C \in \mathcal{B}$  is *small* if there exist  $n \geq 1, \epsilon > 0$  and a probability measure  $\nu$  on  $(\mathbf{X}, \mathcal{B})$  such that,  $P^n(x, A) \geq \epsilon \mathbb{1}_C(x)\nu(A)$ , for all  $x \in \mathbf{X}, A \in \mathcal{B}$ .

Our first result relates geometric ergodicity to the spectral properties of the kernel  $P$ . Its proof, given at the end of Section 3, is based on ideas from [12]. See Section 2 for more precise definitions.

**Proposition 1.1.** *A  $\psi$ -irreducible and aperiodic Markov chain  $\mathbf{X} = \{X(n)\}$  is geometrically ergodic with Lyapunov function  $V$  if and only if  $P$  admits a spectral gap in  $L_\infty^V$ .*

## 1.2 Reversibility

Recall that the chain  $\mathbf{X} = \{X(n)\}$  is called *reversible* if there is a probability measure  $\pi$  on  $(\mathbf{X}, \mathcal{B})$  satisfying the detailed balance conditions,

$$\pi(dx)P(x, dy) = \pi(dy)P(y, dx).$$

This is equivalent to saying that the linear operator  $P$  is self-adjoint on the space  $L_2 = L_2(\pi)$  of (measurable) functions  $F : \mathbf{X} \rightarrow \mathbb{C}$  that are square-integrable under  $\pi$ , endowed with the inner product  $(F, G) = \int FG^* d\pi$ , where ‘ $*$ ’ denotes the complex conjugate operation.

The following result is the natural analog of Proposition 1.1 for reversible chains. Its proof, given in Section 3, is partly based on results in [19].

**Proposition 1.2.** *A reversible,  $\psi$ -irreducible and aperiodic Markov chain  $\mathbf{X} = \{X(n)\}$  is geometrically ergodic if and only if  $P$  admits a spectral gap in  $L_2$ .*

### 1.3 Spectral theory

The main question addressed in this paper is whether the reversibility assumption of Proposition 1.2 can be relaxed. In other words, whether the space  $L_2$  can be used to characterize geometric ergodicity like  $L_\infty^V$  was in Proposition 1.1. One direction is true without reversibility: A spectral gap in  $L_2$  implies that the chain is “geometrically ergodic in  $L_2$ ” [19][20], and this implies the existence of a Lyapunov function  $V$  satisfying (V4) [20]. Therefore, the chain is geometrically ergodic in the sense of [12], where it is also shown that it must admit a central gap in  $L_\infty^V$ . A direct, explicit construction of a Lyapunov function  $V_h$  is given in our first main result stated next, where quantitative information about  $V_h$  is also obtained. It is proved in Section 3.

**Theorem 1.3.** *Suppose that a  $\psi$ -irreducible, aperiodic chain  $\mathbf{X} = \{X(n)\}$  admits a spectral gap in  $L_2$ . Then, for any  $h \in L_2$ , there is  $\pi$ -integrable function  $V_h$ , such that the chain is geometrically ergodic with Lyapunov function  $V_h$  and  $h \in L_\infty^{V_h}$ .*

But the other direction may not hold in the absence of reversibility. Based on earlier counterexamples constructed by Häggström [9, 10] and Bradley [1], in Section 3 we prove the following:

**Theorem 1.4.** *There exists a  $\psi$ -irreducible, aperiodic Markov chain  $\mathbf{X} = \{X(n)\}$  which is geometrically ergodic but does not admit a spectral gap in  $L_2$ .*

### 1.4 Convergence rates

The existence of a spectral gap is intimately connected to the exponential convergence rate for a  $\psi$ -irreducible, aperiodic Markov chain. For example, if the chain is reversible, we have the following well-known, quantitative bound. See Section 2 for detailed definitions; the result follows from the results in [19], combined with Lemma 2.2 given in Section 2.

**Proposition 1.5.** *Suppose that a reversible chain  $\mathbf{X} = \{X(n)\}$  is  $\psi$ -irreducible, aperiodic, and has initial distribution  $\mu$ . If the chain  $\mathbf{X}$  admits a spectral gap  $\delta_2 > 0$  in  $L_2$ , then,*

$$\|\mu P^n - \pi\|_{\text{TV}} \leq \frac{1}{2} \|\mu - \pi\|_2 (1 - \delta_2)^n, \quad n \geq 1,$$

where the  $L_2$ -norm on signed measures  $\nu$  is defined as the  $L_2(\pi)$ -norm of the density  $d\nu/d\pi$  if it exists, and is set equal to infinity otherwise.

In the absence of reversibility, the size of the spectral gap in  $L_\infty^V$  precisely determines the exponential convergence rate of any geometrically ergodic chain. The result of the following proposition is stated in Lemma 2.3 in Section 2.

**Proposition 1.6.** *Suppose that the chain  $\mathbf{X} = \{X(n)\}$  is  $\psi$ -irreducible and aperiodic. If it admits a spectral gap  $\delta_V > 0$  in  $L_\infty^V$ , then, for  $\pi$ -a.e.  $x$ ,*

$$\lim_{n \rightarrow \infty} \frac{1}{n} \log \|P^n(x, \cdot) - \pi\|_V = \log(1 - \delta_V).$$

In fact, the convergence is uniform in that:

$$\lim_{n \rightarrow \infty} \frac{1}{n} \log \left( \sup_{x \in \mathbf{X}, \|F\|_V=1} \frac{|P^n F(x) - \int F d\pi|}{V(x)} \right) = \log(1 - \delta_V). \quad (3)$$

Section 2 contains precise definitions regarding the spectrum and the spectral gap of the kernel  $P$  acting either on  $L_2$  or the weighted- $L_\infty$  space  $L_\infty^V$ . Simple properties of the spectrum are also stated and proved. Section 3 contains the proofs of the first four results stated above.

## 2 Spectra and Geometric Ergodicity

We begin by giving precise definitions for the spectrum and spectral gap of the transition kernel  $P$ , viewed as a linear operator. The spectrum depends on the domain of  $P$ , for which we consider two possibilities:

- (i) The Hilbert space  $L_2 = L_2(\pi)$ , equipped with the norm  $\|F\|_2 = [\int |F|^2 d\pi]^{1/2}$ .
- (ii) The Banach space  $L_\infty^V$ , with norm  $\|\cdot\|_V$  defined in (2).

In either case, the spectrum is defined as the set of nonzero  $\lambda \in \mathbb{C}$  for which the inverse  $(I\lambda - P)^{-1}$  does not exist as a bounded linear operator on the domain of  $P$ . The transition kernel admits a *spectral gap* if there exists  $\varepsilon_0 > 0$  such that  $\mathcal{S} \cap \{z : |z| \geq 1 - \varepsilon_0\}$  is finite, and contains only poles of finite multiplicity; see [12, Section 4] for more details. The spectrum is denoted  $\mathcal{S}_2$  when  $P$  is viewed as a linear operator on  $L_2$ , and it is denoted  $\mathcal{S}_V$  when  $P$  is viewed as a linear operator on  $L_\infty^V$ .

The induced operator norm of a linear operator  $\widehat{P}: L_\infty^V \rightarrow L_\infty^V$  is defined as usual via,

$$\|\widehat{P}\|_V := \sup \frac{\|\widehat{P}F\|_V}{\|F\|_V},$$

where the supremum is over all  $F \in L_\infty^V$  satisfying  $\|F\|_V \neq 0$ . An analogous definition gives the induced operator norm  $\|\widehat{P}\|_2$  of a linear operator  $\widehat{P}$  acting on  $L_2$ .

For a  $\psi$ -irreducible, aperiodic chain  $\mathbf{X} = \{X(n)\}$ , geometric ergodicity expressed in the form (1) implies that  $P^n$  converges to a rank-one operator, at a geometric rate: For some constants  $B < \infty$ ,  $\rho \in (0, 1)$ ,

$$\|P^n - \mathbf{1} \otimes \pi\|_V \leq B \rho^n, \quad n \geq 0, \quad (4)$$

where the outer product  $\mathbf{1} \otimes \pi$  denotes the kernel  $\mathbf{1} \otimes \pi(x, dy) = \pi(dy)$ . It follows that the inverse  $[I\lambda - P + \mathbf{1} \otimes \pi]^{-1}$  exists as a bounded linear operator on  $L_\infty^V$ , whenever  $\lambda > \rho$ . This in turn implies that  $P$  has a single isolated pole at  $\lambda = 1$  in the set  $\{\lambda \in \mathbb{C} : \lambda > \rho\}$ , so that  $P$  admits a spectral gap.

In Lemma 2.1 we clarify the location of poles when the chain admits a spectral gap in  $L_2$  or  $L_\infty^V$ .

**Lemma 2.1.** *If a  $\psi$ -irreducible, aperiodic Markov chain admits a spectral gap in  $L_\infty^V$  or  $L_2$ , then the only pole on the unit circle in  $\mathbb{C}$  is  $\lambda = 1$ , and this pole has multiplicity one.*

*Proof.* We present the proof for  $L_\infty^V$ ; the proof in  $L_2$  is identical.

We first note that the existence of a spectral gap implies ergodicity: There is a left eigenmeasure  $\mu$  corresponding to the eigenvalue 1, satisfying  $\mu P = \mu$  and  $|\mu|(V) = \|\mu\|_V < \infty$ . On letting  $\pi(\cdot) = |\mu(\cdot)|/|\mu(X)|$  we conclude that  $\pi$  is super-invariant:  $\pi P \geq \pi$ . Since  $\pi(X) = 1$

we must have invariance. The ergodic theorem for positive recurrent Markov chains implies that  $E[G(X(n)) | X(0) = x] \rightarrow \int G d\pi$ , as  $n \rightarrow \infty$ , whenever  $G \in L_1(\pi)$ .

Ergodicity rules out the existence of multiple eigenfunctions corresponding to  $\lambda = 1$ . Hence, if this pole has multiplicity greater than one, then there is a generalized eigenfunction  $h \in L_\infty^V$  satisfying,

$$Ph = h + 1.$$

Iterating gives  $P^n h(x) = E[h(X(n)) | X(0) = x] = h(x) + n$  for  $n \geq 1$ . This rules out ergodicity, and proves that  $\lambda = 1$  has multiplicity one.

We now show that if  $\lambda \in \mathcal{S}_V$  with  $|\lambda| = 1$ , then  $\lambda = 1$ . To see this, let  $h \in L_\infty^V$  denote an eigenfunction,  $Ph = \lambda h$ . Iterating, we obtain,

$$E[h(X(n)) | X(0) = x] = h(x)\lambda^n.$$

Then, letting  $n \rightarrow \infty$ , the right-hand-side converges to  $\int h d\pi$  for a.e.  $x$ ., so that  $\lambda = 1$  and  $h(x) = \int h d\pi$ ,  $\pi$ -a.e.  $\square$

Therefore, for a  $\psi$ -irreducible, aperiodic chain, the existence of a spectral gap in  $L_2$  is equivalent to the existence of a single eigenvalue  $\lambda = 1$  on the unit circle, which has multiplicity one. The spectral gap  $\delta_2$  is then defined as,

$$\delta_2 = 1 - \sup\{|\lambda| : \lambda \in \mathcal{S}_2, \lambda \neq 1\},$$

and similarly for  $\delta_V$ .

Next we state two well-known, alternative expressions for the  $L_2$ -spectral gap  $\delta_2$  of a reversible chain. See, e.g., [19, Theorem 2.1] and [4, Proposition VIII.1.11].

**Lemma 2.2.** *Suppose  $\mathbf{X}$  is a  $\psi$ -irreducible, aperiodic, reversible Markov chain. Then, its  $L_2$ -spectral gap  $\delta_2$  admits the alternative characterizations,*

$$\begin{aligned} \delta_2 &= 1 - \sup \left\{ \frac{\|\nu P\|_2}{\|\nu\|_2} : \text{signed measures } \nu \text{ with } \nu(\mathbf{X}) = 0, \|\nu\|_2 \neq 0 \right\} \\ &= 1 - \lim_{n \rightarrow \infty} \left( \|P^n - \mathbf{1} \otimes \pi\|_2 \right)^{1/n}, \end{aligned}$$

where the limit is the usual spectral radius of the semigroup  $\{\widehat{P}^n\}$  generated by the kernel  $\widehat{P} = P - \mathbf{1} \otimes \pi$ , acting on functions in  $L_2(\pi)$ .

A similar result holds for  $\delta_V$ , even in the absence of reversibility; see, e.g., [13].

**Lemma 2.3.** *Suppose  $\mathbf{X}$  is a  $\psi$ -irreducible, aperiodic Markov chain. Then, its  $L_\infty^V$ -spectral gap  $\delta_V$  admits the following alternative characterization in terms of the spectral radius,*

$$\delta_V = 1 - \lim_{n \rightarrow \infty} \left( \|P^n - \mathbf{1} \otimes \pi\|_V \right)^{1/n}.$$

### 3 Proofs

First we prove Theorem 1.3. The following notation will be useful throughout this section.

For a Markov chain  $\mathbf{X} = \{X(n)\}$ , the first hitting time and first return time to a set  $C \in \mathcal{B}$  are defined, respectively, by,

$$\begin{aligned}\sigma_C &:= \min\{n \geq 0 : X(n) \in C\}; \\ \tau_C &:= \min\{n \geq 1 : X(n) \in C\}.\end{aligned}\tag{5}$$

Conditional on  $X(0) = x$ , the expectation operator corresponding to the measure defining the distribution of the process  $\mathbf{X} = \{X(n)\}$  is denoted  $\mathbf{E}_x(\cdot)$ , so that, for example,  $P^n F(x) = E[F(X(n)) | X(0) = x] = \mathbf{E}_x[F(X(n))]$ . For an arbitrary signed measure  $\mu$  on  $(\mathbf{X}, \mathcal{B})$ , we write  $\mu(F)$  for  $\int F d\mu$ , for any function  $F : \mathbf{X} \rightarrow \mathbb{C}$  for which the integral exists.

*Proof of Theorem 1.3.* Since  $\pi(h^2) < \infty$ , and the chain is  $\psi$ -irreducible, it follows that there exists an increasing sequence of  $h^2$ -regular sets providing a  $\pi$ -a.e. covering of  $\mathbf{X}$  [15, Theorem 14.2.5]. That is, there is a sequence of sets  $\{S_r : r \in \mathbb{Z}_+\}$  such that  $\pi(S_r) \rightarrow 1$  as  $r \rightarrow \infty$ ,  $S_r \subset S_{r+1}$  for each  $r$ , and the following bounds hold,

$$\begin{aligned}V_r(x) &:= \mathbf{E}_x \left[ \sum_{n=0}^{\tau_{S_r}} h^2(X(n)) \right] < \infty, \quad \text{for } \pi\text{-a.e. } x \\ \sup_{x \in S_r} V_r(x) &< \infty.\end{aligned}$$

Since the chain admits a spectral gap in  $L_2$ , combining Theorem 2.1 of [19] with Lemma 2.2 and the results of [20], we have that it is geometrically ergodic. Hence, from [15, Theorem 15.4.2] it follows that there exists a sequence of *Kendall sets* providing a  $\pi$ -a.e. covering of  $\mathbf{X}$ . That is, there is a sequence of sets  $\{K_r : r \in \mathbb{Z}_+\}$  and positive constants  $\{\theta_r : r \in \mathbb{Z}_+\}$  satisfying  $\pi(K_r) \rightarrow 1$  as  $r \rightarrow \infty$ ,  $K_r \subset K_{r+1}$  for each  $r$ , and the following bounds hold,

$$\begin{aligned}U_r(x) &:= \mathbf{E}_x [\exp(\theta_r \tau_{K_r})] < \infty, \quad \text{for } \pi\text{-a.e. } x \\ \sup_{x \in K_r} U_r(x) &< \infty.\end{aligned}$$

We also define another collection of sets,

$$C_{r,m} := \{x \in \mathbf{X} : U_r(x) + V_r(x) \leq m\}.$$

For each  $r \geq 1$ , these sets are non-decreasing in  $m$ , and  $\pi(C_{r,m}) \rightarrow 1$  as  $m \rightarrow \infty$ . Moreover, whenever  $C_{r,m} \in \mathcal{B}^+$ , this set is both an  $h^2$ -regular set and a Kendall set. This follows by combining Theorems 14.2.1 and 15.2.1 of [15]. Fix  $r_0$  and  $m_0$  so that  $\pi(C_{r_0,m_0}) > 0$ . We henceforth denote  $C_{r_0,m_0}$  by  $C$ , and let  $\theta > 0$  denote a value satisfying the bound,

$$\mathbf{E}_x [\exp(\theta \tau_C)] < \infty, \quad \text{for } \pi\text{-a.e. } x,$$

where the expectation is uniformly bounded over the Kendall set  $C$ .

The candidate Lyapunov function can now be defined as,

$$V_h(x) := \mathbb{E}_x \left[ \sum_{n=0}^{\sigma_C} (1 + |h(X(n))|) \exp\left(\frac{1}{2}\theta n\right) \right]. \quad (6)$$

We first obtain a bound on this function. Writing,

$$V_h(x) = \mathbb{E}_x \left[ \sum_{n=0}^{\sigma_C} \exp\left(\frac{1}{2}\theta n\right) \right] + \sum_{n=0}^{\infty} \mathbb{E}_x \left[ |h(X(n))| \exp\left(\frac{1}{2}\theta n\right) \mathbb{I}\{n \leq \sigma_C\} \right],$$

we see that the first term is finite  $\pi$ -a.e. by construction. The square of the second term is bounded above, using the Cauchy-Schwartz inequality, by,

$$\mathbb{E}_x \left[ \sum_{n=0}^{\infty} |h(X(n))|^2 \mathbb{I}\{n \leq \sigma_C\} \right] \mathbb{E}_x \left[ \sum_{n=0}^{\infty} \exp(\theta n) \mathbb{I}\{n \leq \sigma_C\} \right] = U_{r_0}(x) \mathbb{E}_x \left[ \sum_{t=0}^{\sigma_C} \exp(\theta t) \right],$$

so that  $V_h$  is finite  $\pi$ -a.e., and we also easily see that  $|h| \leq V_h$  so that  $h \in L_\infty^{V_h}$ .

Next we show that  $V_h$  satisfies (V4): First apply  $e^{\frac{1}{2}\theta}P$  to the function  $V_h$  to obtain,

$$e^{\frac{1}{2}\theta}PV_h(x) = \mathbb{E}_x \left[ \sum_{n=1}^{\tau_C} (1 + |h(X(n+1))|) \exp\left(\frac{1}{2}\theta(t+1)\right) \right] \quad (7)$$

We have  $\tau_C = \sigma_C$  when  $X(0) \in C^c$ . This gives,

$$e^{\frac{1}{2}\theta}PV_h(x) = V_h(x) - (1 + |h(x)|), \quad x \in C^c.$$

If  $X(0) = x \in C$ , then the previous arguments imply that the right-hand-side of (7) is finite, and in fact uniformly bounded over  $x \in C$ . Combining these results, we conclude that there exists a constant  $b_0$  such that,

$$PV_h \leq e^{-\frac{1}{2}\theta}V_h + b_0\mathbb{I}_C$$

Regular sets are necessarily small [15, Theorem 11.3.11] so that this is a version of the drift inequality (V4).

Finally note that, by the fact that (V4) implies the weaker drift condition (V3) of [15], the function  $V_h$  is  $\pi$ -integrable by [15, Theorem 14.0.1].  $\square$

Theorem 1.3 states that (V4) holds for a Lyapunov function  $V_h$  with  $h \in L_\infty^{V_h}$ . If this could be strengthened to show that for every geometrically ergodic chain and any  $h \in L_2$ , the chain was geometrically ergodic with a Lyapunov function  $V_h$  that had  $h^2 \in L_\infty^{V_h}$ , then the central limit theorem would hold for the partial sums of  $h(X(n))$  [15, Theorem 17.0.1]. But this is not generally possible:

**Proposition 3.1.** *There exists a geometrically ergodic Markov chain on a countable state space  $X$  and a function  $G \in L_2$  with mean  $\pi(G) = 0$ , for which the central limit theorem fails in that the normalized partial sums,*

$$\frac{1}{\sqrt{n}} \sum_{i=0}^{n-1} G(X(i)), \quad n \geq 1, \quad (8)$$

*converge neither to a normal distribution nor to a point mass.*



The result of the proposition appears in [9, Theorem 1.3], and an earlier counterexample in [1] yields the same conclusion. Based on these counterexamples we now show that geometric ergodicity does not imply a spectral gap in the Hilbert space setting.

*Proof of Theorem 1.4.* Suppose that the Markov chain  $\mathbf{X} = \{X(n)\}$  constructed in Proposition 3.1 does admit a spectral gap in  $L_2$ . Then its autocorrelation function decays geometrically fast, for any  $h \in L_2$ : Assuming without loss of generality that  $\pi(h) = 0$ , and letting  $R_h(n) = \pi(hP^n h)$ , for all  $n$ , we have the bound,

$$|R(n)| \leq \sqrt{\pi(h^2)\pi((P^n h)^2)}, \quad n \geq 1.$$

Applying Theorem 1.3, we conclude that the right-hand-side decays geometrically fast as  $n \rightarrow \infty$ . Consequently, the sequence of normalized sums,

$$S_n := \frac{1}{\sqrt{n}} \sum_{i=0}^{n-1} h(X(i)), \quad n \geq 1,$$

is uniformly bounded in  $L_2$ , i.e.,

$$\limsup_{n \rightarrow \infty} \mathbb{E}_\pi[S_n^2] \leq \sum_{n=-\infty}^{\infty} |R(n)|,$$

where  $\mathbb{E}_\pi[\cdot]$  denotes the expectation operator corresponding to the stationary version of the chain. However, this is impossible for the choice of the function  $h = G$  as in Proposition 3.1: In [9, p. 81] it is shown that the corresponding normalized sums in (8) fail to define a tight sequence of probability distributions. This is a consequence of [9, Lemma 3.2].

This contradiction establishes the claim that the Markov chain of Proposition 3.1 cannot admit a spectral gap in  $L_2$ .  $\square$

Finally we prove Propositions 1.1 and 1.2.

*Proof of Proposition 1.1.* The equivalence stated in the proposition is obtained on combining Lemma 2.1 with [12, Proposition 4.6]. To explain this, we introduce new terminology: The transition kernel is called *V-uniform* if  $\lambda = 1$  is the only pole on the unit circle in  $\mathbb{C}$ , and this pole has multiplicity one. Proposition 4.6 of [12] states that geometric ergodicity with respect to a Lyapunov function  $V$  is equivalent to  $V$ -uniformity of the kernel  $P$ . Consequently, the direct part of the proposition holds, since  $V$ -uniformity of  $P$  implies that it admits a spectral gap in  $L_\infty^V$ .

Conversely, if the chain admits a spectral gap in  $L_\infty^V$ , then Lemma 2.1 states that  $P$  is  $V$ -uniform. Applying Proposition 4.6 of [12] once more, we conclude that the chain is geometrically ergodic with the same Lyapunov function  $V$ .  $\square$

*Proof of Proposition 1.2.* The forward direction of the statement of the proposition is contained in [19] and [20].

The converse again follows from Lemma 2.1 and a minor modification of the arguments used in [12, Proposition 4.6]. If the chain admits a spectral gap in  $L_2$ , then the lemma states that  $\lambda = 1$  has multiplicity one, and that this is the only pole on the unit circle in  $\mathbb{C}$ . It follows

that for some  $\rho < 1$ , the inverse  $[zI - (P - \mathbf{1} \otimes \pi)]^{-1}$  exists as a bounded linear operator on  $L_2$ , whenever  $|z| \geq \rho$ . Denote  $b_\rho = \sup \|[zI - (P - \mathbf{1} \otimes \pi)]^{-1}\|_2 : |z| = \rho\}$ , where  $\|\cdot\|_2$  is the induced operator norm on  $L_2$ .

Following the proof of [12, Theorem 4.1], we conclude that finiteness of  $b_\rho$  implies a form of geometric ergodicity: For any  $g \in L_2$ ,

$$\frac{1}{2\pi} \int_0^{2\pi} e^{in\phi} [\rho e^{in\phi} I - (P - \mathbf{1} \otimes \pi)]^{-1} g = \rho^{-n-1} (P^n g - \pi(g)).$$

Therefore, the  $L_2$ -norm of the left-hand-side is bounded by  $b_\rho \|g\|_2$ . This gives,

$$\|P^n g - \pi(g)\|_2 \leq b_\rho \|g\|_2 \rho^{n+1}, \quad n \geq 1.$$

It follows from [15, Theorem 15.4.3] that the Markov chain is geometrically ergodic.  $\square$

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